

## NEWSLETTER #1 – Oct 2020

### Introduction

This is the first in a series of monthly newsletters that we will be sending out. Our goal is to keep you up to date as to what is happening in the Alzheimer's world in NYC and around the country. We will list web sites, publications, new programs and resources as well as special events. This first issue will focus on NYC specific web sites and programs.

## Sandy and Ira Asherman

#### **Web Sites**

#### **Cultural Institutions**

- American Folk Art Museum
- Brooklyn Museum
- Brooklyn Botanical Gardens
- Intrepid Museum Stories Within
- Jewish Museum
- Lincoln Center Moments
- Metropolitan Museum of Art Met Escapes
- MOMA Meet me at MOMA MoMA Access Programs
- Rubin Museum of Art Mindful Connections

**Note:** The above organizations offer programs for folks living with Dementia and their care givers.

# **Community Groups**

- Arts and Minds
- NY Memory Center
- NYU Langone Alzheimer's Disease and Related Dementias Family
  Support Program
- RB Cares
- Sweet readers

**Note:** These organizations provide programs for those living with Alzheimer's as well as care giver specific programs.

# **General Organizations**

- Caring Kind
- <u>Alzheimer's Association</u>
- Alzheimer's Foundation

Note: These organizations provide programs primarily for Caregivers.

### **Event Calendar**

Almost daily we are posting new items on the ADRC event calendar <a href="https://www.adrcnyc.org">www.adrcnyc.org</a>. In addition, we are now listing programs unique to the Covid-19 period. Many of the organizations and programs are ones you are probably familiar with, however in an effort to respond to the Covid -19 they are offering multiple programs and attempting to be innovative in their programming. Check out these <a href="Covid-19 specific activities">Covid-19 specific activities</a>.

**Note:** For additional information or comments about this newsletter please contact Ira via e-mail at **ira@asherman.com**.