

## Newsletter # 23 - February 2024

### **Newsletter**

#### Introduction

In his issue of the newsletter we will follow our usual format of highlighting articles about Alzheimer's and Dementia. This issue we also want to highlight an article describing the work of Jackie Gatto at the Alzheimer's Foundation. The article appeared on the Dementia Spring website and focused on an artist in residence program that AFA sponsored.

<u>Teal Room – Artist in Residency by Alzheimer's Foundation of America and Naomi Rabinowitz</u>

## **Editorial** - Increasing Participation

I am continually amazed at how many folks are now attending the dance programs at the Intrepid museum. It is not by chance that the number of participants has increased. The team at the Intrepid understood if they were to increase the numbers it was important to make it easy for people to get to the Intrepid and home. Enter the wild idea of providing free car service to and from the Intrepid. And guess what the number of attendees jumped. **My questions:** 

- How many more people might attend programs if transportation were provided.
- And why aren't more programs providing car services.

## Resource Manual

The revised and updated version of our Resource manual will soon be available in both a digital and printed format. I wnt to thank all of you who provided comments and feedback.

## **Articles**

Alzheimer's Today Magazine – Transitioning to Long Term Care - <a href="https://alzfdn.org/wp-content/uploads/2023/12/Alz.-TODAY-Vol.-18.-No.-3-4-lr-spreads.pdf">https://alzfdn.org/wp-content/uploads/2023/12/Alz.-TODAY-Vol.-18.-No.-3-4-lr-spreads.pdf</a>.

#### Carewell

Mealtimes + Dementia: Pro Tips for Family Caregivers - <a href="https://www.carewell.com/resources/blog/mealtimes-dementia-pro-tips-for-family-caregivers/?">https://www.carewell.com/resources/blog/mealtimes-dementia-pro-tips-for-family-caregivers/?</a>.

#### WebMD

Tips to prevent Agitation in Alzheimer's Dementia - <a href="https://www.webmd.com/alzheimers/ss/slideshow-prevent-agitation-alzheimers">https://www.webmd.com/alzheimers/ss/slideshow-prevent-agitation-alzheimers</a>.

The Right Alzheimer's Care for Your Loved One - <a href="https://www.webmd.com/alzheimers/choose-care-situation-loved-one-alzheimers">https://www.webmd.com/alzheimers/choose-care-situation-loved-one-alzheimers</a>?.

#### Ira Asherman

The Alzheimer's Caregiver – Seven Essential Questions – This is Ira's latest article. <a href="https://www.adrcnyc.org/seven-questions.pdf">https://www.adrcnyc.org/seven-questions.pdf</a>.

# Alzheimer's Bill of Rights - Developed and published by Voices of

Alzheimer's - People living with Alzheimer's and care partners created this Bill of Rights to ensure the consideration and ethical treatment we deserve. <a href="https://www.voicesofad.com/bill-of-rights">https://www.voicesofad.com/bill-of-rights</a>.

## **Keep Spreading Joy**